10176 120 MINUTES

1.	Which of the following would not be regarded as unstructured physical activity, sometimes referred to as activities of daily living?										
	A)	Gardening	B)	Jogging							
	C)	House work	D)	Leisurely walking							
	C)	House work	D)	Leisurery warking							
2.		<u> </u>		s in a liquid or semi solid phase.							
	A)	Gel	B)	Foam							
	C)	Sol	D)	None of these							
3.	Whicl	Which key nutrient is not usually found in substantial amount in meat?									
	A)	Iron	B)	Protein							
	C)	Niacin	D)	Vitamin C							
4.	The g	lycemic index represents									
	A)		has on	the rate and amount of increase in the							
	11)	A) The effect a particular food has on the rate and amount of increase in the blood glucose level									
	B)	The total amount of insulin	released	d in response to food intake							
	C)	The amount of glucose rele	ased int	o the blood in response to exercise							
	D)	The amount of stored glyco	gen in t	he muscle and liver							
5.	What	two tissues in the body store	the mos	t carbohydrates?							
	A)	Kidney and liver	B)	Liver and muscles							
	C)	Adipose and muscles	D)	Muscles and kidney							
6.	Whicl	Which of the following is most conducive to the development of atherosclerosis									
	A)	•									
	B)	A high density lipoprotein of		•							
	C)	A low density lipoprotein c		-							
	Ď)	None of the above		S							
7.	Which essential fatty acids are needed in the diet?										
	A)										
	B)	Palmitic and stearic									
	C)	Oleic and linoleic									
	D)	Palmitoleic and stearic									
8.	Which of the following statements related to protein metabolism is false?										
·.	A)	Excess protein may be conv		-							
	B)	•		control of amino acid metabolism							
	C)			d in the liver from carbohydrate and							
	C)	nitrogen from non essential		•							
	D)	Excess protein may be conv									
9.	Most	of the Vitamin B functions in	human	mataholism as							
<i>)</i> .	A)		B)	Hormones							
	,	Coenzymes									
	C)	Antioxidants	D)	None of the above							

10.	The main function of Vitamin E in the body is to act as							
	A)	Antioxidant	B)	Free radical				
	C)	Superoxide	D)	Hormone				
11.	,	sive intake of iron can cause d	,					
	A)	Kidney	B)	Heart				
	C)	Liver	D)	Lungs				
	٠,		_,					
12.	In whi	ich year the Milk and Milk Pro	oducts (Order was promulgated?				
	A)	1992	B)	1983				
	C)	1980	D)	1995				
	- /		-,					
13.	Asper	gillus oryzae is used in the pro	duction	of				
	A) .	Soy sauce	B)	Tomato ketchup				
	C)	Vinegar	Ď)	Cheese				
	- /		,					
14.	Scarle	t fever is caused by						
	A)	Streptococcus pyogenes	B)	Shigella sonnei				
	C)	Bacillus cereus	D)	None of the above				
	,		,					
15.	Crysta	alization property of sugar is u	sed in t	he preparation of				
	A)	Fudge	B)	Jams				
	C)	Caramel	D)	None of the above				
16.	Lathy	rism is caused by p	resent i	n Kesari dhal				
	A)	Raffinose	B)	Lectin				
	C)	Pyridoxine	D)	None of the above				
17.		nosis is a parasitic infection tr		=				
	A)	Mosquitoes	B)	Foods				
	C)	Hookworm	D)	None of the above				
18.		was formed in 1945						
	A)	UNICEF B) FAO		C) WHO D) CARE				
19.		*	rmulation	on of internationally recognized food				
	standards for all principal foods							
	A)	Codex Alimentarius Commi	ssion					
	B)	UNICEF						
	C)	CARE						
	D)	ICMR						
20	W/h a a	ning again is agained by						
20.		ping cough is caused by	D)	Colmonallancia				
	A)	Bordetella Pertussis	B)	Salmonellopsis				
	C)	E.coli	D)	Shigella				
21.	Tranc	nema pallidum is the causative	a Organi	em of				
41.	A)	Leprosy	B)	Gonorrhea				
	A) C)	Syphilis	D)	None of the above				
	~ I	N 7 1/111111/	171	THORE OF THE ADDITION				

22.	A)	y fever was discove Gerhard Hansen	ered by	B)	Walter			
	C)	P. Ehrich		D)	P. Rico	ord		
23.	Lactic	acid was first disco	overed in					
	A)	1789 B)	1793		C)	1704	D)	1738
24.	In food	l quality control, H	IASSOP me	eans				
	A)	Hygiene and Stan		-	_			
	B)	Health and Sanita	-					
	C) D)	Hazard Analysis S None of the above		шианоп	rioced	lutes		
	2)	1,011 0 01 1110 11 0 0						
25.		en born with PKU	cannot use					
	A)	Valine		B)	-	alanine		
	C)	Triptophan		D)	None (of the above		
26.	Thema	tic Apperception t	est was dev	eloped l	by			
	A)	Murray and Morg	an	B)	Darwii	1		
	C)	Pestalozzi		D)	Piaget			
27.	Rorsch	nach's Ink Blot test	was introd	uced in				
27.	A)	1938 B)		acca iii	C)	1929	D)	1939
	,	,			,		,	
28.		ted observation of	the same in	dividual	ls are m	ade in which	method	of
	•	ng children?		D)	Conn	d		
	A) C)	Longitudinal Cross sectional		B) D)	Case st	•		
	C)	Closs sectional		D)	Allecu	otai		
29.		of the statement is						
	A)	Development con				arning		
	B)	Different areas de	_	e same r	rate			
	C)	Development is c		***				
	D)	Development foll	ows a patter	m.				
30.	The ty	pe of birth in which	h the infant	's buttoo	cks app	ear first follo	wed by 1	egs and
	•	the head						
	A)	Breech		B)	Caesar			
	C)	Transverse presen	itation	D)	Norma	ıl		
31.	MMR	is						
	A)	Annual number of	f deaths of 1	mothers	_ X	100000		
		Annual number of						
	B)	Annual number of			_ X	1000		
	<i>C</i>)	Annual number of			v	10000		
	C)	Annual number of Annual number of			_ X	10000		
	D)	Annual number of			X	100		
	D)	Annual number of				100		

32.	DPT	DPT vaccine provides immunization against								
	A)	A) Diphtheria, Polio, Tetanus								
	B)	Diphtheria, Whooping cough, Typhoid								
	C)	Diphtheria, Pertussis, Te	tanus							
	D)	Diphtheria, Polio, Tubero	culosis							
33.	Ego-	Ego- centrism means								
	A)	Development of clear spe	eech							
	B)	_	thers							
	C)	Talking about oneself								
	D)	Talking about others								
34.		recreation theory was put fo	-							
	A)	Gullick and Hall	B)	Lazarus						
	C)	Spencer and Schiller	D)	Karl Groos						
35.		In level of moral development the child strives to maintain the								
	-	ctation of family, group or r	_	<u>=</u>						
	A)		B)	Post conventional						
	C)	Pre conventional	D)	None of the above						
36.		ICDS programme was started in								
	A)	1970	B)	1975						
	C)	1978	D)	1973						
37.		UNESCO means								
	A)	A) United Nations Educational, Scientific and Cultural organization								
	,	B) United Nations Educational, Scientific Children's Organisation								
	C)									
	D)	D) United Nations Educational, Scientific, Co-operative Organisation								
38.		The condition which will not affect longevity								
	A)	Heredity	B)	Physical Characteristics						
	C)	Health	D)	Ordinal Position						
39.	Early	Early Childhood means the period of								
	A)	0-1 year	B)	2-6 years						
	C)	1-2 years	D)	6-7 years						
40.	Whe	n the baby is one year old, h	nis birth wo	eight is						
	A)	Doubled	B)	Quardrupled						
	C)	Trebled	D)	None of the above						
41.		test is used to meas	ure the sig	ht						
	A)	Snullen's Test	B)	Distraction Test						
	C)	Perfromance Test	D)	None of the above						

42.	Dem	Demography deals with							
	A)	The study of statistics of birt	h, death	ns, disease etc.					
	B)	Society and social problems							
	C)	Psychological well being of	people.						
	D)	None of the above							
43.	Preve	entive approach in sex educatio	n conce	entrates on					
	A)	Teaching children what to av	oid in	sexual behaviour and relationships					
	B)	Giving facts and explaining	the mea	ning of sexual behaviour					
	C)	Both a and b							
	D)	None of the above							
44.	Antic	cipatory theory							
	A)	Considers play as primarily a	a prepai	ration for future life and work					
	B)	Means that through play, ten relaxed after playing	sions m	nay be released and children feel					
	C)	1	rder to	spend the accumulated surplus energy					
	D)			activities passes through stages that					
	,	are typical of those through							
45.	Whic	Which statement is not correct?							
	A)	Play helps the child in his physical development							
	B)	The child learns different concepts like shapes, sizes, number and textures							
		by handling different play objects							
	C)	Play is a socialising force in the lives of children							
	D)	The child who lacks academ	ic abilit	y may not readily accept play					
46.	In	In stage, the baby indulges in investigating his parts of the body							
	A)	-							
	B)	_							
	C)	Co- ordination or reaching o	ut						
	D)	None of the above							
47.		<u> </u>	lays alo	ng side other children with the same					
		s of play material.							
	A)	Parrallel Play	B)	Solitary Play					
	C)	Associative Play	D)	Co-operative play					
48.	Marr	iage of one man to one woman	is calle						
	A)	Polygamy	B)	Monogamy					
	C)	Endogamy	D)	Polyandry					
49.	_	aon experiment was started by							
	A)	F. L. Brayne	B)	S.K. Dey					
	C)	Spencer Hatch	D)	Mahatma Gandhi					

42.

50.		leaders are those persons who actually initiate action within the									
	group	o, regardless of whether or i	not they ho	old elected office							
	A)	Professional	B)	Operational							
	C)	Laissez- fair	D)	Lay							
51.		is an informal con-	-		it of the au	dience, by					
		all group of speakers, usual	•								
	A)	Workshop	B)	Panel							
	C)	Seminar	D)	Symposium							
52.		may be defined a			apability o	f the					
		le for sustainable improvem		÷ •							
	A)	Informal Education	B)	Formal Educatio	n						
	C)	Extension Education	D)	Distance Educati	ion						
53.	The f	Fourth step in extension edu		rocess							
	A)	Evaluation	B)	Planning							
	C)	Reconsideration	D)	Teaching							
54.	Acco	rding to Shanon- Weaver, t	he ingredi	ents of communica	tion are						
	A)										
	B)	Source, Encoder, Messag	ge, Channe	el, Decoder, Receiv	er						
	C)	Speaker, Speech, Audien	ce								
	D)	Source, Encoder, Signal,	Decoder,	Destination							
55.	Carry	ving some significant respon	nses of the	audience back to t	he commu	nicator					
	A)	Evaluation	B)	Follow-up							
	C)	Monitoring	D)	Feed back							
56.		is a placard displayed in a public place with the purpose of creating									
	awar	eness among the people									
	A)	Graph B) Ma	ap	C) Poster	D)	Diorama					
57.		is the process by w	hich an in	novation is commu	inicated thr	ough					
	certain channels over time among the members of a social system										
	A)	Communication	B)	Diffusion							
	C)	Adoption	D)	None of the above	ve						
58.	Thos	Those who adopt a new idea from the first, much ahead of other members in the									
	comn	nunity are called									
	A)	Laggards	B)	Early adopters							
	C)	Innovators	D)	Early majority							
59.	Whic	ch statement is not correct?									
	A)	Feedback affects the sour	rce or com	nmunicator							
	B)	Feed back exerts control	over futur	e messages							
	C)	Feed back affects commu	unication f	idelity							
	D_{j}	Feed back is not source of									

60.	Etawah Pilot Project was launched in											
	A)	October 1943			B)	Octob	er 1948					
	C)	October 1942	,		D)	Octob	per 1945					
61.	A	is a sp	pecifica	ation of v	work to	be don	e or procedure	es to be f	followed			
	in order to accomplish a particular objective											
	A)	Project			B)	Plan						
	C)	Calendar of w	ork		D)	None	of the above					
62.		is the st	tarting	point of	progra	mme pl	anning proces	S				
	A)	Analysis of si	tuation									
	B)	Identification	of prob	olems								
	C)	Collection of	facts									
	D)	Determination	n of obj	jectives a	and go	als						
63.	Identi	Identify the statement which is not correct.										
	A)	The superviso	or shoul	ld maxin	nize re	sponsib	ility and minir	nize autl	nority			
	B)	Supervision is	s creati	ve and n	ot pres	criptive	;		_			
	C)	Supervision is	s not a	co-opera	itive ac	etivity						
	D)	· • • • • • • • • • • • • • • • • • • •										
64.	Final	Final Evaluation is also called										
	A)	In – Programi	me Eva	luation	B)	Proce	ss Evaluation					
	C)	Summative E	valuatio	on	D)	None	of the above					
65.	Natio	National Literacy Mission was launched in the year										
	A)	1978	B)	1986		C)	1988	D)	1998			
66.	The n	The male literacy rate in India as per 2001 Census report is										
	A)	65.3%	B)	75.8%		C)	90.1%	D)	64.5%			
67.	The scheme of Continuing Education was approved in											
	A)	1997	B)	1996		C)	1995	D)	1994			
68.	Kerala was declared a totally literate State on											
	A)	April 18, 199			B)		7,1990					
	C)	April 15, 199	1		D)	April	4, 1990					
69.	-	The present life expectancy of women in Kerala is										
	A)	71 years			B)	70 ye						
	C)	76 years			D)	75 ye	ears					
70.		storming in gro	-									
	A)	Spontaneousl										
	B)	Writing the re										
	C)			nto smal	ler one	s and d	iscussing					
	D)											

71.	State	Resource Centre was formulate	ed in K	Kerala in					
	A)	1986	B)	1978					
	C)	1985	D)	1976					
72.		method of teaching designed to established fact is known as	show	by example the practical application					
	A)		B)	Method Demonstration					
	,	Lecture cum Demonstration							
73.	Cook	ing food with microwaves was	discov	vered by					
	A)	William Cullen	B)	Percy Spencer					
	C)	Oliver Evans	D)	Jacob Perkins					
74.	Whic	h statement is not correct?							
	A)	C							
	B)		dent a	nd intimately related					
		Values give meaning to life							
	D)	Values may be either intrinsi	c or in	strumental					
75.				nebody to satisfy a human desire is					
	A)		B)	Goal					
	C)	Value	D)	Standard					
76.			alloca	ation and exchange processes relating to					
		rce use	D \						
	A)		B)	Economic					
	C)	Central	D)	Habitual					
77.		is the most tangible resource							
	,	Time	B)	Money					
	C)	Abilities	D)	None of the above					
78.				study of a particular part of the process					
	A)	Process Chart	B)	•					
	C)	Memomotion Cycle Graph	D)	None of the above					
79.				low of goods and services which a					
		ly enjoys over a given period o							
	A)	Psychic	B)	Money					
	C)	Real	D)	Total					
80.		is an example of mo		y heavy work					
	A)	Sewing by foot-driven mach	ine						
	B)	Washing clothes by hand							
	C)	Rinsing clothes							
	D)	Hand sewing							

81.	The first step in income management is										
	A)	Analysing all kinds of available income									
	B)	Clearly defining and recogn	ising fa	mily goals							
	C)	Synchronizing the plans for	the sho	orter periods with the plans for the longer							
		periods									
	D)	Choosing the method of har	ndling n	noney that will satisfy all members of							
		the family		•							
		-									
82.	In	Inmethod of handling family income a certain portion of the money is									
	alloca	ted for all or a part of family	living e	xpenses							
	A)	Family Finance	B)	Allowance							
	C)	Equal salary	D)	Hand- out							
83.	If the	equipments are arranged in a	continu	ous working surface around the							
		walls of the kitchen it is called		•							
	A)	L- shaped plan	B)	U -shaped plan							
	C)	Broken U- shaped plan	Ď)								
	,	1 1		•							
84.	In	lighting method almost all t	he bear	ns of light are directed from							
	source to the wall or ceiling and from there reflected to the other parts of the										
	room										
	A)	Direct	B)	Indirect							
	C)	Semi-direct	D)	Semi- indirect							
	,		,								
85.	The principle based on the movement of eye in viewing a design										
	A)	Rhythm	B)	Harmony							
	C)	Emphasis	D)	Balance							
	- /	r	,								
86.	Which	h is the first step to be followed	ed in ma	aking flower arrangement?							
	A)	Selecting Containers		8							
	B)	Selecting flowers									
	C)	•	d on the	e purpose, room, space and location in							
	- /	the room		, , , , , , , , , , , , , , , , , , , ,							
	D)										
87.	Identi	fy the wrong statement									
	A)										
	Functional considerations in furniture arrangement										
	B)	<u> </u>									
	C)	Furniture may be grouped for various activities for consideration of space									
	D)	,									
88.	Burea	u of Indian Standards Act wa	s passe	d in							
	A)	1983	B)	1986							
	C)	1988	D)	1987							
	,		,								
89.	The te	erm Landscape Architecture v	vas inve	ented by							
	A)	Gilbert Laing Meason	B)	Frederick Law Olmsted							
	C)	Beatrix Farrand	D)	Jens Jenson							

90.	A cor	nbination of yellow and blue	give						
	A)	Green	B)	Orange					
	C)	Purple	D)	Black					
91.	Value	e indicates							
	A)	Dullness and brightness	B)	The lightness and darkness of colours					
	C)	Darkness and brightness	D)	None of the above					
92.		is the common adul	terant fo	ound in rava					
	A)	Stone	B)	Iron filings					
	C)	Chalk powder	D)	None of the above					
93.	ISI m	eans							
	A)	International Standards Ins	titution						
	B)	Indian Standards Institution	n						
	C)	Indian Scientific Institution	1						
	D)	International Scientific Ins	titution						
94.	Cons	umer Protection Act is known	n as						
	A)	COPRA	B)	COPA					
	C)	CPA	D)	CPRA					
95.	Minii	mizing waste during producti	on is						
	A)	Waste management	B)	Zero waste					
	C)	Recycling	D)	None of the above					
96.	The i	The insulating material used in refrigerators							
	A)	Corn husk	B)	Cotton					
	C)	Fibre glass	D)	None of the above					
97.	is the method of fabric construction where the fabric is produced directly								
		from fibres							
	A)	Bonding	B)	Netting					
	C)	Felting	D)	None of the above					
98.	• 1	A type of printing consisting of the application of very short fibres to the surface of							
		ric by means of an adhesive							
	A)	Block Printing	B)	Stencil Printing					
	C)	Flock Printing	D)	Batik Printing					
99.		• • •	-	t-weight cloth adhesives and fillers					
	A)	Buckram	B)	Braid					
	C)	Felt	D)	Lace					
100.	Wove	<u> </u>	om befo	re being bleached, dyed or finished is					
	A)	Pressed cloth	B)	Raw material					
	C)	Grey goods	D)	None of these					
	,	• •	,						

101.	Sleev	e cut all in one with the boo	lice	
	A)	Kimono sleeve	B)	Raglan sleeve
	C)	Puff sleeve	D)	Leg O'mutton sleeve
102.		ve of a fabric with upright su	•	
	A)	Leno	B)	Dobby
	C)	Lappet	D)	Pile
103.		is used to mark perforation of pockets, necklines etc.		e fabrics to indicate seams, darts, the
	A)	Tracing Wheel	B)	Tailor's Chalk
	C)	Pins	D)	Shears
104.	A poi openi		andle and	l is used to make eyelet holes or
	A)	Bodkins	B)	Stiletto
	C)	Crewels	D)	Chenile
105.		holds the fabric in p	lace, read	y to be sewn.
	A)	Feed dog	B)	Needle plate
	C)	_	D)	Drop feed control
106.107.	pleat A) C) Name A)	on the under side Inverted Box the placket which is used f Kurtha placket	B) D) For slit ope B)	Kick Knife enings where there is no seam line One-piece placket
	C)	Two-piece placket	D)	Zipper placket
108.		colour suitable for stout pers		V-11
	A)	Blue	B)	Yellow
	C)	White	D)	Cream
109.	Identi A) B) C) D)	The arm hole seam should	lat withou d be in a s d fall alon	_
110.	For ta	all figures are sui	table	
	A)	Contrasting colours	B)	Vertical stripes
	C)	Tubular skirts	D)	Long, fitted sleeves
111.		pest quality of flax fibre is p		•
	A)	Dew retting	B)	Dam retting
	C)	Stream retting	D)	Chemical retting

112.		is done only to worst	ed yarns	S
	A)	Drawing	B)	Carding
	C)	Blending	D)	Scouring
113.	The c	cupramonuim process of making		- · ·
	A)	J. P. Bemberg	B)	Dr. E. Thiele
	C)	Dr. E. Elsaesser	D)	L. H. Despaisses
114.	Whic	h statement is correct?		
	A)	5		
	B)			
	C)	Nylon fabric are not resistar	nt to per	rspiration
	D)	Shrinkage is greater in nylo	n	
115.		is the common finis	shing pr	
	A)	Beetling	B)	Cireing
	C)	Moireing	D)	Schreinering
116.	Crepi	ing by chemical process is trea	atment v	with
	A)	Acetic acid	B)	Oralic acid
	C)	Caustic soda	D)	Borax
117.		is a boat like mecha	ınism o	n which filling yarns are wound
	A)	Harness	B)	Beam or cylinder
	C)	Shuttle	D)	Reed
118.	The r	number of warp and filling yar	ns per s	square inch of a fabric
	A)	Yarn count	B)	Fabric count
	C)	Balance of cloth	D)	Grain
119.		weave in which the filling yarronal ridges across the fabric	ns are in	nterlaced with the warp so as to form
	_	Satin weave	R)	Sateen weave
	C)	Twill weave	D)	Dobby weave
	,		,	·
120.	of ya		fabric l	by the interlooping of one or more sets
	A)	Weaving	B)	Knitting
	C)	Braiding	D)	Laminating
	<i>\(\)</i>	2-11111115	٠,	

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